

Family Court Support — MessageDrift

How to show consistent love and effort — safely and respectfully

What this is: Guidance to help you use MessageDrift in a way courts and mediators often view positively: calm, child-focused, and consistent.

What this isn't: Legal advice or a promise of outcomes.

"I never stopped trying. Here's the proof."

Why this can help

- **Document consistent effort** with time-stamped messages.
- **Stay child-centred** with loving, encouraging tone.
- **Respect boundaries** while remaining present.

Do

- Write with warmth and patience.
- Share memories, affirmations, gentle encouragement.
- Keep messages appropriate for any age.
- Be consistent (e.g., weekly or fortnightly).
- Ask your lawyer how best to present your record.

Don't

- Blame or attack the other parent.
- Discuss court strategy or adult disputes.
- Pressure the child to choose sides.
- Bypass orders or directives.
- Promise outcomes you can't control.

How to use MessageDrift responsibly

- **Set a rhythm:** predictable weekly/fortnightly cadence.
- **Keep tone steady:** "I'm proud of you. I'm here when you're ready."
- **Mark milestones:** birthdays, terms, important events.
- **Keep details current:** phone/email for a future path back.

Short message examples

- "Thinking of you today. I hope school felt calm. I'm always cheering for you."
- "Happy birthday. I love you and I'm proud of who you're becoming."
- "I planted a lemon tree for us. Can't wait to make lemonade together one day."

For your lawyer

- Reference the timeline (dates, frequency, tone).
- Explain messages are private, non-pressuring, age-appropriate.
- Provide access or extracts only on legal advice.

Disclaimer: MessageDrift does not provide legal advice and does not replace court-approved communication or agreements. Always consult a legal professional before using MessageDrift in court.